

The Lady

for elegant women with elegant minds



home people blogs **life** style culture win the lady recruits jobs



Friday, 11 September 2015

life

SIGN IN REGISTER SUBSCRIBE

READ OUR DIGITAL EDITION

Click here to place your classified advertisement

Click here for **The Lady RECRUITS**
Domestic recruitment service

Live in carer Required - Edinburgh

possibility) for a 96 year old alert lady with limited mobility. Fluent English speaking applicant due to being slightly hard of hearing.
APPLY NOW

LIVE IN COUPLE REQUIRED

A private Estate just outside Canterbury requires a caretaker / security warden and part-time housekeeper.
APPLY NOW

BOYS' BOARDING MATRON

St Edmund's College & Prep School requires a boy's boarding matron. Five nights a week and some duties over the weekend.
APPLY NOW

HOUSEMOTHER, HORRIS HILL

This traditional, 125 year-old boys' boarding prep school in Berkshire seeks a Housemother in one of the senior boarding houses from 4th January or 18th April 2016 to work alongside the Housemaster.
APPLY NOW

Carer Required - Wimbledon

A carer is required for an elderly person with diabetes in the Wimbledon area. You will need to speak Arabic as well as very good English and have experience and knowledge with diabetes.
APPLY NOW

MORE JOBS LIKE THESE

Viking All your office supplies

FROM HOMES, TO HOLIDAYS, TO HOBBIES,
YOUR COMPREHENSIVE LISTING

The Lady DIRECTORY



HOROSCOPES
What the stars have in store for you this week. 2015



Tweets by @TheLadyMagazine

See site AdChoices

£30 OFF your first online grocery shop

Shop online at **Waitrose**

Min. spend £100

WIN A GOLDEN TURKEY JUST IN TIME FOR CHRISTMAS!

WIN

WIN A PAIR OF TICKETS TO THE FESTIVE GIFT FAIR

10 PAIRS TO BE WON!

Sign up to receive our weekly newsletter

email *:

name:

subscribe

We'd like to let you know that this site uses cookies. Without them you may find this site does not work properly and many features may be unavailable. More information on what cookies are and the types of cookies we use can be found here [Close](#)

There are many places to enjoy a rejuvenating escape this autumn

Written by Wendy Gomersall

YOGA ON HERM

Pretty Herm, just off the Guernsey coastline, is the venue for a two-night yoga break, from 9 to 11 October, based at the White House Hotel. Yoga sessions take place in the conservatory, providing a wonderful sea view. The weekend includes 10 hours of tuition, including asana (physical postures) and yoga nidra (yogic sleep).

From £269 per person, including transfers from Guernsey, accommodation and meals: www.poweryogaguernsey.com/workshops-retreats - White House Hotel: 01481-750075

GOURMET GUERNSEY

The 18th annual Tennerfest arrives in the Channel Islands this autumn. From 1 October to 11 November, more than 170 restaurants in Guernsey and Sark offer three-course menus starting from £10. Channel Islands Direct is offering a four-night Tennerfest stay at the fourstar Duke of Richmond Hotel, which includes flights, one cream tea, one three-course Tennerfest lunch or dinner at the Duke of Richmond, one three-course Tennerfest lunch or dinner at the five-star Old Government House hotel and breakfast throughout. This price is valid between 1 October to 11 November.

From £335 per person, including flights from Gatwick: 0844-493 7486, www.channelislandsdirect.co.uk and www.visitguernsey.com

ART IN PENZANCE

Enjoy an arty autumn break in gorgeous Cornwall, staying at the six-room Chapel House PZ, a beautiful Georgian town house that has been transformed into an elegant boutique hotel. With the Tate St Ives closing for renovation this autumn (from 28 September to May 2016), some of the exhibitions are moving over towards Penzance to the Newlyn Art Gallery & The Exchange: www.tate.org.uk

Rooms from £150, including breakfast: 01736-362024, www.chapelhousepz.co.uk

PILATES IN FRANCE

Boutique accommodation expert i-escape.com has put together a collection of hotels and guest houses ideal for those journeying alone. The So Good For Solos collection includes a Pilates retreat in Périgord, southwest France, which includes twicedaily classes and a pool in which to unwind.

Single-occupancy rooms, including all tuition, food and drinks, cost from £215 per night: www.i-escape.com/pilates-enfrance

SOLOS IN SPAIN

i-escape's collection for singles also features Hotel Omm, in Barcelona, the perfect destination for an autumn city break. Located in the Eixample district, the hotel's roof terrace allows views of Gaudi's La Pedrera.

Rooms from £158 per night, based on one person staying in an Omm King Room on an accommodation-only basis: for the full So Good For Solos collection: www.i-escape.com/solo-breaks - more details at www.iescape.com/hotel-omm

SUN IN SORRENTO

There's still a chance to catch some late-summer sun in southern Italy. Italian specialist Citalia is offering a seven-night holiday to Sorrento in November, staying at the four-star Imperial Hotel Tramontano on a B&B basis. The offer includes 20 per cent discount on the à la carte menu and return flights from London Gatwick.

From £566 per person (saving up to £170 per couple): 01293- 731753, www.citalia.com

Contact Wendy at wendy.gomersall@lady.co.uk
Prices are correct at the time of going to press.

Related tags:

More life:

HEREFORDSHIRE

A long weekend offers just enough leisure time to get away and explore some of our glorious countryside. Head for Herefordshire and you'll find the delightful Black &...

LAKE DISTRICT

ARMATH WAITE HALL COUNTRY & SPA Close to Keswick on the shores of Bassenthwaite Lake in 400 acres of deer park, this four-star hotel has 46 rooms with lake, park...

GLOUCESTERSHIRE

Busy city breaks are great when you want to indulge in some serious shopping or see a show, but sometimes it's nice to escape to the quieter and more relaxed areas of...

Recommended Articles

THIS MAN TURNED 30P INTO £5.88M! LEARN HOW HE DID IT

INSPIRATIONAL IDEAS TO CREATE A BEAUTIFUL MODERN, OPEN-PLAN LIVING SPACE

UNEMPLOYED MAN FROM MANCHESTER EARNS £1,000 ONLINE

Promoted by ContentClick

SPONSORED

29 Chilling Last Photos Of Famous People Before They Died...#21 Will Tear You Up
The Webtrovert

20 Dubai Photos That Would Only Happen Here
Pixite

16 Of The Most Amazing Abandoned Airports In The World
Pixite

These 15 Animals Look Totally Different Without Their Hair. The Bear Blew My Check This, Yo!

Chilling Last Photos Of Famous People Before They Died
The Webtrovert

This Guy Found A Trap Door In His New Apartment. What He Found Is Hauntingly
ViralNova

0 Comments The Lady Magazine Login

Recommend Share Sort by Best

Start the discussion...

Be the first to comment.

Feedback